

Your Heritage

YOUR FUTURE

Free Training: An Introduction to Childhood Adversity & Trauma Informed Practice

This free training session is available to heritage staff and volunteers who are looking to develop their engagement with young people facing multiple disadvantages. We will explore:

- research around childhood adversity and trauma
- the potential impact of trauma including behaviours
- the impact that working with trauma may have on professionals
- basic principles of Trauma Informed Practice

Training dates:

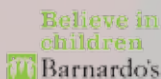
Leicester Museum & Art Gallery 24th October 2023

Ely Museum 31st October 2023

Both days 9.30am registration, start at 10am, 3.30pm close. Refreshments and lunch provided. Both venues are accessible and within a 20 minute walk of a mainline railway station or a short taxi journey.

To register your interest contact Juliet, Strategic Lead for East Midlands, jmartin@ymcaleics.org.uk or Christine, Project Lead for East of England, christine.marsden@norfolk.gov.uk

Training designed by:



Delivered in partnership:

YMCA LEICESTERSHIRE



We're Seeking

HERITAGE PARTNERS

Would you like to:

- Develop youth engagement within your organisation or project
- Access training for staff and volunteers to understand trauma-informed practice and grow confidence of working with young people who have experienced multiple disadvantages
- Increase and diversify your audience, participation and workforce
- Create strong partnerships with youth organisations
- Demystify your cultural offer for new audiences
- Embed best practice into your work for the future

'Your Heritage Your Future' offers a unique opportunity for museums and heritage projects across the East Midlands and East of England to develop sustainable youth programmes and diversify their workforce. It is delivered by YMCA Leicestershire and Norfolk Museums Service, who have made a significant impact in their work with young people aged 11-25, many of whom would not previously have accessed heritage.

For more information contact:

Juliet, Strategic Lead for East Midlands, jmartin@ymcaleics.org.uk

Christine, Project Lead for East of England, christine.marsden@norfolk.gov.uk

See our previous heritage work here: www.y-heritage.co.uk



Made possible with:

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